



Discovering Your Authentic Core Values: A Step-By-Step Guide (Paperback)

By Marc Alan Schelske

Live210 Media, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do you need core values? More than you know. If you want to make a change in your life, moving into a more life-giving future, having clear core values is an essential tool. Discovering Your Authentic Core Values walks you step-by-step through the process of identifying your authentic core values. These are not your aspirational values, the ones you wish were true of you. These are your authentic inside-out core values that already have played an enormous role in shaping your life. You live in a world where other people's agendas are competing for your time and resources. In the same way, you often live in reaction to other people's values. You've learned to use a schedule and a budget so that your time and money are used intentionally. Why wouldn't you put the same care into thinking through your own core values? This little book is a guide that will walk you through a journaling process where you can discover these important motivations. Depending on your speed, it's an approximately 10 hour...



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