

A Spiritual Guide for Today: The Path to Real Happiness (Paperback)



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(Myriam Bode)

A SPIRITUAL GUIDE FOR TODAY: THE PATH TO REAL HAPPINESS (PAPERBACK)



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Dog Ear Publishing, United States, 2010. Paperback. Book Condition: New. 198 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.Why do so many people go through life feeling unfulfilled, incomplete? What is necessary to achieve happiness? A Spiritual Guide for Today describes five qualities of the soul that are especially important in achieving spiritual fulfillment. Three of these concern balance -- having your head on straight. The other two have to do with service to others. Service is necessary so that your achievement of balance bears fruit - it is love that is shared with others. The book offers guidelines to help you decide where you are now in your spiritual journey and whether you are ready for the next step. Only a huge amount of self confidence in one's inner integrity can permit such a seemingly reckless leap of faith to jump clear of rules and taboos. Thus the book is intended for older, rather than younger, readers. Author Thomas Gilgut tells how dealing with our failures can be an important part of spiritual growth; how purity of intention is vital to effectively serving others; and how, when it is necessary to intervene in the lives of others, we must lead with love, before making judgments. Above all is the importance of reading the Gospels to know and follow Jesus. The Guide recommends books, for deeper study, by authors as diverse as Mother Teresa, Hermann Hesse, Anne Rice, Richard Rohr and Alan Watts. A Spiritual Guide for Today is a short book, one that can be read in just a few hours. But it will point you in directions that will enrich your life and bring you more and deeper happiness than you ever imagined. Thomas Gilgut, Jr. is a native of Massachusetts...



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