

**The Mommy MD Guide to Pregnancy and Birth More than 900 tips that 60 doctors who are also mothers use during their own pregnancies and births The Mommy MD Guides**



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***Reviews***

*Good e-book and helpful one. It can be writter in basic phrases rather than confusing. I realized this ebook from my i and dad recommended this book to find out.  
(Ozella Batz)*

## THE MOMMY MD GUIDE TO PREGNANCY AND BIRTH MORE THAN 900 TIPS THAT 60 DOCTORS WHO ARE ALSO MOTHERS USE DURING THEIR OWN PREGNANCIES AND BIRTHS THE MOMMY MD GUIDES

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Momosa Publishing LLC. Paperback. Book Condition: New. Paperback. 512 pages. Dimensions: 8.9in. x 6.0in. x 1.1in. Dr. Spock is dead. Familiar pregnancy books are outdated. Neither of them speak to the mom who needs advice when her child cries in the night. To whom do women turn for the latest information and advice about conception, pregnancy, childbirth, and motherhood The Mommy MD Guides The first book in our Mommy MD Guides book series, The Mommy MD Guide to Pregnancy and Birth, is filled with tips that doctors who are also mothers use for their own families during their own pregnancies and births. To create it, we spoke with 60 doctors who are also mothers; we call them Mommy MD Guides. We spoke with many Mommy MD Guides who are still in the trenches with their babies. Some of them were even pregnant when we talked. We also spoke with Mommy MD Guides whose babies are grown up with babies of their own. They are Grammy MD Guides! Combined, these physicians have centuries of experience as doctors, and among them they have 146 children. The 900 reassuring, trusted, and often even humorous tips in this book are presented in the Mommy MD Guides own words, and each tip is clearly attributed to the doctor who lived it. Because doctors so often see the things that can go wrong, they try to do everything as right as they can for their own health and for that of their families. Physicians are a healthier group than the whole. Even though women physicians sometimes will just suffer with things that take time and that affect them alone, pregnancy is different. Most doctors go the extra mile to take care of their own bodies while they are carrying their babies. The Mommy MD Guide to Pregnancy...



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