# Leaders: Get Up Off the Canvas



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## **Reviews**

The most effective book i at any time read through. It is definitely simplistic but surprises in the fifty percent from the ebook. Your daily life span will probably be enhance once you full reading this ebook.

(Jules Dietrich V)

## LEADERS: GET UP OFF THE CANVAS



Xlibris Corporation. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 8.8in. x 5.9in. x 0.5in.Get Up off the Canvas is a sage advice from a boxing aficionado who is confident that thats the only way to survive and thrive in life and in business. She coaches you to stand tall and self-assured, brush yourself off, stay in the game, and above all, persist and don t ever give up on dreams and goals. Mary Holt Ashley knows well what she writes. Take it from a respected and honored leader in the nursing, hospital, and health care spectrum. Through the civil rights movement, enduring childhood poverty, she persevered to get a quality education, studying and achieving, from associate degree beginnings, pushing all the way to full doctorate status, advancing through every facet of the health care community. Her insight is invaluable for everyone who wishes to succeed in their career endeavors, no matter the employment path they have chosen, and to make something joyous and positive of their life experiences. Boxing, the ultimate contact sport and Dr. Ashleys favorite TV viewing spectacle, is the perfect metaphor for life, leadership skills and staying in the ring and going the twelve rounds. She cleverly and concisely takes you through every division of leadership, management, commitment, education, and advancement. You will go the distance with her, from featherweight to middleweight and heavyweight championship status. With her words, you are guided to endure the physical and psychological blows that career and life that try to smack you down day to day, and learn to never, never stay down for the count. Mary Holt Ashley loves and respects people, and she is truly blessed. Her writing reflects a caring and spiritual woman of today, selflessly devoted to her faith and community, her loving husband and son....



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